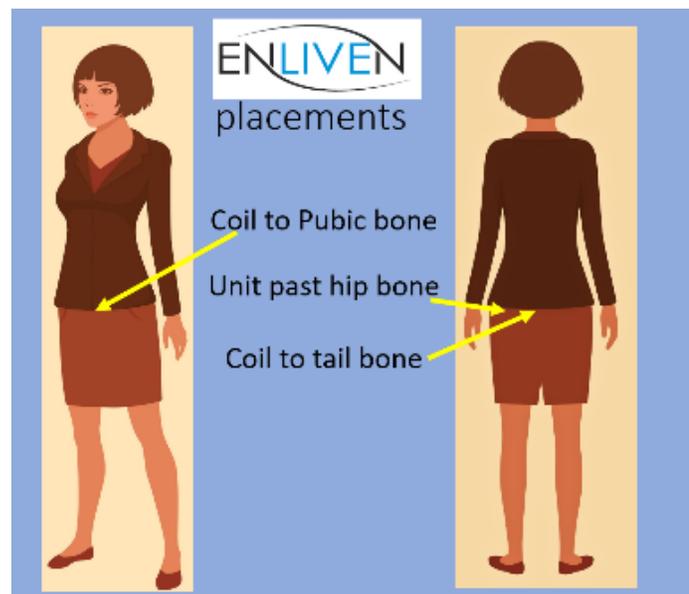


These are the Instructions for placement and wearing of the Enliven Mini-belt:

1. Your belt has arrived preloaded with the coils in the locations that match the measurements you provided to us & the unit was tested prior to arrival.
2. Remove the belt from the box and lay it out on a table or flat surface with the numbered pockets facing you. The battery in the Enliven has been pre-charged so it is ready for use. **At this time, we do recommend taking out the spare battery and wall charger in your kit and plugging the charger in with the spare battery in place so it is ready to go when the loaded battery runs out.**
3. You now need to test the location of the coils and generator in your belt. Wrap the belt around your body below the waist and confirm the numbered pocket locations of the two coils. One coil should rest over your pubic bone in the first pocket; the Enliven generator should rest just past your hip bone in the appropriate pocket; and, the other coil should be positioned over your tail bone.
4. If the pocket locations are correct, proceed through these directions. If not, please watch Video 2 and readjust the locations.
5. Remove the belt, and gently pull out the blue Enliven generator from its pocket. Make sure the black coil cord is tightly inserted & snapped into the generator.
6. Turn the blue Enliven generator on. The power switch is located on the side of the generator. It will take a few seconds for the unit to fully activate. The generator should already be set to Omni 8 at an Intensity of 9. ON the back side of the generator is the battery case. Notice that when the battery is placed inside properly you will see the smiling face.
7. Place the Enliven generator back into the correct pocket.
8. Check the coils with the Hexagon ICES Coil Life Tester that was supplied in your kit by holding the tester up to the pocket with the coils. Two green lights indicate the coils are working. You may also hear a light clicking sound.
9. If all is good with placement and the generator is working properly, put the belt back on with the coils in the proper locations and tighten the belt so it fits comfortably around your body. Ideally the belt is worn discreetly under your clothing, but it does not have to touch your skin. Usually a light fitting shirt will easily hide the mini-belt.
10. You are now ready to wear the belt for the next 4 to 5 hours or until the battery is spent. Remember you can check this with the Hexagon tester while you are still wearing the belt.
11. Record the hours you wear the unit and note any progress or changes. Remember, it is recommended that you wear the belt for 4-16 hours each day for proper cell stimulation.



You can see results in as little as one week, but don't get discouraged because it can take up to 4 weeks to see positive results. Questions? Call 517-731-6999 or write to info@enliven1.com